

LORETTA PARKER, LMFT
Counseling, Family Services, Trauma Healing
916-837-5228
4221 Northgate Blvd., Suite 5, Sacramento, CA 95834

Education

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| Master of Science, Counseling/Marriage, Family and Child Therapy University of Phoenix | 2009-2011 |
| Master of Arts, Organizational Management University of Phoenix | 2003-2005 |
| Bachelor of Arts, Broadcast Journalism San Francisco State University | 1988-1992 |

Clinical Experience

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| Founder & CEO Loving Life Family Therapy, Sacramento, CA | Aug, 2018 - present |
| First Response Child Abuse Investigator Placer County Child Welfare Services, Rocklin, CA | Sept, 2017 - Sept, 2018 |
| Youth Services Therapist at Clinic, Juvenile Hall, Schools Communicare, Woodland, CA | May, 2016 - Aug, 2017 |
| Family and Youth Counselor/Day Treatment Facilitator Milhous Children's Services, Nevada City/Sacramento, CA | July, 2014 - May, 2016 |
| Executive Director/Lead Therapist Loving Life Counseling, Roseville/Sacramento/Woodland, CA | Jan, 2013 - Aug, 2018 |
| Mental Health Therapist Placer Institute for Families and Children, Rocklin, CA | June, 2011 - Sept, 2012 |

Special Areas of Interest and Expertise:

Adolescent/Youth development particularly in the contexts of family and peer relationships.
Reconnection Family Therapy solution-oriented focused on skills to rebuild relationships.
Trauma healing utilizing Brainspotting and Trauma-Focused Cognitive Behavioral Therapy to address individual trauma related symptoms and generational trauma.

LORETTA PARKER, LMFT
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Professional Experience, continued

Leadership Experience

Senior Manager of Member Services July, 2010 - July, 2014
KLOVE/Air1 Radio, Rocklin, CA

Project Manager, Communications Oct, 2008 - July, 2010
Verizon, Folsom, CA

Vice President, Communications, Marketing & Training Jan, 2006 - Sept, 2008
Washington Mutual, Jacksonville, FL

Vice President, Customer Experience May, 2001 - Dec, 2005
Wells Fargo Bank, Sacramento, CA

Teaching Experience

Psychology Adjunct Professor Dec, 2014 - Dec, 2016
Le Cordon Bleu University, Sacramento, CA

Certifications

Life Coach, May, 2009
Nonviolent Crisis Intervention, Sept, 2014
Prepare and Enrich Couples Facilitator, April, 2015
Trauma-Focused Cognitive Behavioral Therapist, Sept, 2016
Brainspotting Therapist, 2018

Awards

Style Readers Choice Award for Best Mental Health Professional, 2018 & 2019

Memberships

Association of Family and Conciliation Courts
California Association of Marriage and Family Therapists
UOP Chapter of National Society of Leadership Success